



National Institute for Public Health and the Environment Ministry of Health, Welfare and Sport

## Towards Foresight-informed policy making in public health

## Dr. Henk Hilderink

RIVM-Top expert Public Health Foresight President EUPHA foresight section



## What is Strategic Foresight

- Strategic foresight is a proactive and systematic approach to envisioning different futures, challenges, and opportunities
- Foresight-informed policy making in the face of uncertainty, ensuring resilience and preparedness for societal, technological, environmental, and economic changes
- Includes various methods like horizon scanning, scenario building, stakeholder participation, modelling
- > We don't predict the future but merely explore possible futures
- > Public health foresight is still lagging...

## Strategic Foresight at RIVM

- > Dutch Public Health Foresight Study
  - Since 1993, legal basis
  - Strategic foresight: time horizon 25 years
  - Input for policy process (MoH, local policy makers)
  - Intensive stakeholder participation process
- To gain insights into the most important challenges for policy and society
- From scenarios to challenges to options for action

