UPDATE ON THE LAUNCH OF THE KENYA NATIONAL NCD STRATEGY

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INTRODUCTION

- Kenya like most developing countries is facing a double burden of communicable and non-communicable diseases (NCDs).
- World Health Organization estimates that NCD account for 27% of all the deaths in the country while injuries account for 10% of all the deaths. In 2012 NCDs accounted for more than 50% of total hospital admissions and over 55% hospital deaths in Kenya (HMIS 2012).
- Future projections suggest that by 2030 there will be a 55% increase in deaths due to NCDs, and a 25% increase in deaths due to injuries if appropriate public health measures are not put in place.
CHANGING TIMES INDEED....
KENYAN HEALTH PROJECTIONS 2011-2030
PARTNERSHIPS AND POLITICAL COMMITMENT
FRAMEWORK FOR KENYA HEALTH POLICY DIRECTIONS 2012-2030
THE KENYA NCD STRATEGIC PLAN
2015 – 2020

▶ VISION
  • A nation free of avoidable burden of non-communicable diseases

▶ GOAL
  • To reduce the preventable burden, avoidable morbidity, mortality, risk factors and costs due to Non-communicable diseases and promote the well-being of the Kenyan population
SCOPE

- The strategy covers the four major non communicable diseases;
  - cardiovascular diseases,
  - cancer,
  - chronic respiratory diseases, and
  - diabetes
- It also includes haemoglobinopathies, mental disorders, violence and injuries, oral and eye diseases plus chronic diseases with an infective origin such as rheumatic heart diseases.

- The strategy also lays down a structure for the Inter Agency Coordination Committee (ICC) which brings together all the NCD players.
GUIDING PRINCIPLES & PILLARS

Guiding Principles

1. Multi-sectoral approach
2. Life-course approach
3. Human rights approach
4. Equity-based approach
5. Empowerment of Individuals and communities
6. Evidence-based
7. Management of real, perceived or potential conflicts of interest:
8. Integration

Pillars

NCD Strategy

Research
Surveillance
Partnerships
Focus on Wellness
NCD PREVENTION AND CONTROL
STRATEGIC OBJECTIVES (10)

i. Raise priority accorded to NCDs at national and county level
ii. Strengthen legislation and policy framework around NCD
iii. Promote healthy lifestyles to reduce the modifiable shared risk factors for NCDs
iv. Research and surveillance for the prevention and control of NCDs
v. Sustainable local and international partnerships for the prevention and control of NCDs
vi. Effective M&E systems for NCDs and their determinants.
vii. Prevention and control of violence and injuries.
viii. Reduce exposure to environmental, occupational and biological risk factors
ix. Strengthen health systems for NCD prevention and control across all levels of the health sector
x. Promote and strengthen advocacy, communication and social mobilization for NCD prevention and control.
NCD CHAMPIONS
THANK YOU